Jean K. Shirkoff LCSW
1942 NW Kearney Suite 12
Portland, OR 97225

Consent to treatment

I am a Clinical Social Worker licensed with the State of Oregon. I received my Masters of Social Work from Portland State University in 1987. I worked for seven years in a clinic setting and then in 1993 began my private practice.

Psychotherapy can have benefits as well as risks. Some risks include unpleasant feelings such as guilt, sadness, anger, disappointment, shame, loneliness and fear. Despite those risks psychotherapy has been demonstrated through research to have benefits for most people. We need to work together toward your goals. If at any time you do not think we are a good fit or we are meeting your goals please let me know. If you think you might work better with another therapist I can help you find another person to work with.

My appointments are generally 60 minutes. Arrangements can be made for longer sessions and sometimes that can be helpful especially for couples. I request 24 hours notice if you need to miss an appointment. If we can reschedule in the same week I generally will not charge you for the missed session, however if we cannot reschedule I generally charge for missed appointments.

My fee is $150 per hour. I am happy to bill your insurance and send you a statement at the end of each month for your co-pay. Your fee is your responsibility and if your insurance does not pay your fee you will be expected to pay me directly.

You have a right to privacy and confidentiality. Sometimes insurance companies will request information that they legally have a right to but I still will inform you ahead of time if that information is requested. There are situations where your rights to privacy or confidentiality are limited. If you disclose you are abusing someone or are being abused by someone I am legally bound to disclose that information to the proper authorities.

My signature below indicates that I have read this consent to treatment and I understand the benefits and risks inherent to psychotherapy.

Name_____Date_____

Name_____Date_____